


NESS Round 4

Host Club: Braintree & District AC

Date: Sunday 25 January 2026 

Venue: Thorrington Scout Camp, Colchester, CO7 8JF 

Race Timings

- Junior Race: 10:00am
- Senior Race: 10:45am

Distances

- Junior: approx. 1 mile
- Senior: approx. 5 miles


Course Description


An undulating, lapped course featuring a mix of:

- Well-compacted dirt trails
- Softer woodland sections underfoot

Expect classic winter XC conditions 


Venue Notes (Please Read)

We have kindly been granted permission to use the Scout Camp site. To ensure we are welcomed back in future, all runners are asked to respect the area 



- No littering 
- Respect public footpaths and rights of way
- Do not enter or warm up on the actual camp sites or green spaces – the route uses permitted paths only

Common sense applies throughout 

Facilities

- Permanent toilet block available
- Please remove muddy footwear before entry 
- No showers available

Parking

- Hard-surface car park on site
- Parking is limited, so car sharing is strongly encouraged 
- Access road is tarmac but narrow with passing places
- To avoid congestion, juniors are asked not to leave until the senior race has started, ensuring one-directional traffic flow
- Please be considerate to local residents and the surrounding area 

Course Maps

- To follow